

KINDER WALK RISK ASSESSMENT Reviewed June 2026

On entry all competitors confirm that they have read the "Handbook" which is available on the website or by request. This gives a comprehensive overview of the walk detailing the rules, route, team equipment, personal clothing & equipment.

Hazard	Who might be harmed?	Control measure	Review actions
Weather - pre start	Competitors and staff	1. A "Start Committee" consisting of:- - County Commissioner or nominee - Member from The Kinder Organising Committee - Mountain Rescue Team Leader or nominee Meet prior to the 1st team leaving to review the weather forecast and any other relevant information. They will decide whether the event can continue and/or any special arrangements are required.	
Weather - sudden changes and extremes during event	Competitors and staff	1. All competitors agree to carry or wear appropriate equipment to cope with severe weather conditions, as specified in the competitors handbook. 2. All staff are familiar with their duties, wear appropriate clothing and have the necessary equipment. 3. Ability to communicate with checkpoints to halt the walk. 4. Strategic safety cover by Derby Mountain Rescue Team throughout the event.	
Road Walking	Competitors and staff	1. Competitors advised in the Handbook to walk with care on roads. 2. Signs on the route warning motorists that competitors are on the road.	
Walking on moorland	Competitors and staff	1. Competitors are given full details of route prior to event in the Competitors Information Handbook and to remain on footpaths 2. Competitors & leaders advised to train properly for the event. 3. All Checkpoints report the times of teams passing their CP to Central Control which monitors the location of all teams on a computer system. 4. Strategic safety cover by Derby Mountain Rescue Team throughout the event. 5. Mobile phones carried by all teams pre programmed with central Control number. 6. Mobile phones carried by all teams pre programmed with App what 3 Words as a location	
Injuries, medical problems and heat related illnesses	Competitors and staff	1. First Aid kits held at each Checkpoint, Kinder checkpoints to have waterproof shelter, tent and or bothy 2. Strategic safety cover by Derby Mountain Rescue Team throughout the event, team 3. Mountain Rescue Team Doctor available throughout the event in person or by phone. 4. All teams carry first aid equipment. 5. Personal & team equipment specified in the Handbook. 6. Each team carries a sleeping bag, bothy* (*Challenge walk is not compulsive) and each individual carries a Bivvy Bag. 7. All equipment checked by Safety Inspection Team prior to the walk and must be carried at all 8. Roving Safety Inspectors carry out spot checks during the walk as appropriate. 9. Checkpoints all have minimum the Scouting 'First Response Plus' certification, Alternative First Aid qualification can be accepted. i.e. 14hr First aid Scouting, 16hr outdoor First aid / National governing body, First aid at work	
Exhaustion	Competitors and staff	1. Relatively short distances between each Checkpoint. 2. Shelter available at Checkpoints. 3. Hot / cold drinks and food available at Key Checkpoints.	

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		4. Competitors must carry fluids and food in case 5. Transport available to take competitors who drop out to the Finish.	
Loss of way by team	Competitors and staff	1. The Central Control system monitors Team progress.- Any discrepancies are clarified with	
		2. Extensive knowledge of area by the Mountain Rescue Team and Kinder Walk committee	
		3. Checkpoints have a rigorous checking in procedure. All competitors have to leave a "route	
		4. Checkpoint staff report regularly to Central Control the passage of teams.	
		5. One Checkpoint is always open behind the last team until all teams have cleared the next	
		6. All competitors are issued with a "dog tag" that they wear around their neck. This must be handed in at the finish. This indicates all competitors have finished and are safe. Any missing "dog tags" are investigated.	
		7. All competitors carry a Map and Compass .	
		8. Mobile phones carried by all teams pre programmed with central Control number.	
		9. Mobile phones carried by all teams pre programmed with App what 3 Words as a location	
		10. Teams unable to be contacted by phone call will be sent a text from Central control advising	
Any emergency requiring evacuation of buildings	Competitors and staff	1. Record of all those using buildings for overnight accommodation maintained with emergency contact details.	
		2. Nominated person responsible for each building.	
		3. Public Buildings to have signs and procedures adequately displayed.	
Food Contamination	Competitors and staff	1. 'Qualified' Catering carried out by food experienced person	
Loss of communications	Competitors and staff	1. Mobile phones available at Checkpoints with adequate battery.	
		2. Standby inverters/generators for phone and computer systems at Chapel.	
		3. Emergency mobile phone number at Central Control in case of landline failure.	
		4. Mountain Rescue Team have their own independent radio network.	
Protection of young	Scouts under 18	"Young People First" Yellow card issued to staff & Checkpoint leaders. Committee & Checkpoint	
General unwellness	Competitors and Staff	Competitor who has had any acute illness (e.g., Tonsillitis, Influenza, Chest infection, etc.) in the four weeks prior to the event should consult a doctor before competing, Staff should take medical advice before attending	